

That made me feel happy. I am not alone.

People That I Can Count on And Talk to

Sammy is not alone. You aren't either. We all have people that we can trust, who care for us and support us. They are people who know us and love us, with whom we can talk. We don't need to hide or pretend when we are with them, they will respect us and listen to us.

Who are the people you know you can talk to? *Write the name of one of them on each finger.*

